

New perspectives of ASD - Integrative psychodynamic approach

Enver Çeskon

Kosovo Association for Psychotherapy, Kosovo

Abstract

This presentation is based on new methodologies that are recently present in different psychodynamic approaches who are multidimensional combining in one, offering integrative view in understanding and serving treatment for autism spectrum disorders(ASD). Today many definitions (Abrahams & Geschwind, 2008; Bailey et al., 1995; Baron-Cohen et al., 2009; O’Roak & State, 2008; Veenstra- Vanderweele & Cook, 2004, Cullinane, 2016.), show that Autism Spectrum Disorders(ASD) are neurodevelopmental disorder which are characterized by symptoms manifested in mostly four areas; *communication skills, social interaction skills, different types of behavioral skills, and general cognitive skills*. Because of that, many clinical and etiological symptoms are heterogenous, that’s why diagnostic symptoms variate from many different components. Children with ASD have unique symptoms, they need to receive treatment that meets their specific needs. In earlier decades, where treatment focus was on cognitive and behavioral changes. In now days, approaches as play therapy, behavioral therapy, applied behavioral analysis(ABA), relationship development intervention(RDI), speech therapy(Logotherapy), and occupational therapy, are competitive to each other by trying to have primacy in social media environment. One approach may play incredible efforts to show dominant position among others. In recent days new developments of different modalities in psychotherapy, offers new approaches that are not focusing only in “old” symptoms and manifestations, but also having a new developments in neuroscience and medical technology.



Biography:

Prof. Mr. Sci. Enver Cesko, Licensed Clinical Psychologist and certified body psychotherapist and positive transcultural psychotherapist, international trainer and supervisor. President and founder of the Kosovo Association for Psychotherapy. He is a Board Member of European Association for Psychotherapy (EAP); a Board Member of World Association of Positive Psychotherapy (WAPP); a Board Member of World Council of

Psychotherapy (ECP); a Council Member of the European Association for Body Psychotherapy (EABP); and a holder of ECP, WCP and is also an accredited therapist from Mind-Body Medicine, Washington DC. He used to be a former university lecturer, currently he is working in his own private practice in Pristina, Kosovo, and conducting international training workshops on positive and body psychotherapy, as well as coaching, stress management, leadership and team building.



Speaker Publications:

1. “Transkulturelle Psychotherapie, 2020, May.
2. “Body oriented work with refugees, 2020, May
3. “Positive Psychotherapy in Different Cultures 2020 Jan
4. “Transcultural Psychotherapy: New perspectives in clinical application, Research Gate, 2020, Jan.
5. “Transkulturelle Psychotherapie: Neue Perspektiven in der klinischen Anwendung/ Research gate, 2020.

[2nd European Autism Congress](#); February 28-29, 2020- Budapest, Hungary.

Abstract Citation:

Enver Çeskon, A randomised, controlled feasibility study comparing the SAFE intervention with support as usual for families of children with autism, Autism 2020, 2nd European Autism Congress; February 28-29, 2020- Budapest, Hungary (<https://autism.psychiatryconferences.com/abstract/2020/new-perspectives-of-asd-integrative-psychodynamic-approach>)